



ZURI

TOURS & SAFARIS



TREKKING SAMPLE ITINERARY

Destination: *Mount Kilimanjaro*

Route: *Lemosho Route*

Duration: *8 Days/ 7 Nights*

Itinerary:

Day 1: Londorossi Gate (2360m) to Mti Mkubwa (2895m)

Hiking Time: *3-4 hours*

Distance: *6 km*

Habitat: *Rain Forest*

We depart Moshi for Londorossi Gate, which takes about 4 hours, where you will complete entry formalities. Then drive to the Lemosho trailhead (another hour to reach the trailhead). Upon arrival at trailhead, we eat lunch, then commence through undisturbed forest which winds to the first camp site.

Your porters (arriving at the camp site long before you) will have your tent set up on your arrival. In the evening the porters will boil drinking and washing water and the cook will prepare dinner, before you retire to your tent for the night. Night temperatures can already drop to freezing point at this campsite.

Day 2: Mti Mkubwa (2895m) to Shira Camp 1 (3505m)

Hiking Time: *5-6 hours*

Distance: *8 km*

Habitat: *Moorland*

We continue on the trail leading out of the forest and into a savannah of tall grasses, heather, and volcanic rock draped with lichen beards. As we ascend through the lush rolling hills and cross

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www.zurisafaris.com

several streams, we reach the Shira Ridge before dropping gently down to Shira 1 camp. The view of Kibo from across the plateau is amazing.

Day 3: Shira Camp 1 (3505) via Shira 2 (3810m) to Moir Hut (4200m)

Hiking Time: *5-7 hours*

Distance: *14 km*

Habitat: *Moorland*

We explore the Shira plateau for a full day. It is a gentle walk east toward Kibo's glaciated peak, across the plateau which leads to Shira 2 camp on moorland meadows by a stream. Then we continue to Moir Hut, a little used site on the base of Lent Hills. A variety of walks are available on Lent Hills making this an excellent acclimatization opportunity. Shira is one of the highest plateaus on earth.

Day 4: Moir Hut (4200m) via Lava Tower (4630m) to Barranco Camp (3976m)

Hiking Time: *4-6 hours*

Distance: *7 km*

Habitat: *Semi Desert*

From the Shira Plateau, we continue to the east up a ridge, passing the junction towards the peak of Kibo. As we continue, our direction changes to the South East towards the Lava Tower, called the "Shark's Tooth." Shortly after the tower, we come to the second junction which brings us up to the Arrow Glacier at an altitude of 4877m. We now continue down to the Barranco Hut at an altitude of 3976m. Here we rest, enjoy dinner, and overnight. Although you end the day at the same elevation as when you started, this day is very important for acclimatization and will help your body prepare for summit day.

Day 5: Barranco Camp (3976) to Karanga Camp (3995m)

Hiking Time: *4-5 hours*

Distance: *5km*

Habitat: *Alpine Desert*

After breakfast, we leave Barranco and continue on a steep ridge passing the Barranco Wall, to the Karanga Valley campsite. This is a short day meant for acclimatization.

Day 6: Karanga Camp (3995m) to Barafu Camp (4673m)

Hiking Time: *4-5 hours*

Distance: *4 km*

Habitat: *Alpine Desert*

After breakfast, we leave Karanga and hit the junction which connects with the Mweka Trail. We continue up to the Barafu Hut. At this point, you have completed the South Circuit, which offers views of the summit from many different angles. Here we make camp, rest, enjoy dinner, and prepare for the summit day. The two peaks of Mawenzi and Kibo are to be seen from this position.

Day 7: SUMMIT ATTEMPT! Barafu Camp (4675m) to Uhuru Peak (5895m) to Mweka Camp (3068m)

Hiking Time: *7-8 hours ascent and 4-6 hours descent*

Distance: *5 km ascent and 12 km descent*

Habitat: *Arctic*

Very early in the morning (midnight to 2am), we continue our way to the summit between the Rebmann and Ratzel glaciers. You head in a north-westerly direction and ascend through heavy scree towards Stella Point on the crater rim. This is the most mentally and physically challenging portion of the trek.

At Stella Point (5685m) you will stop for a short rest and will be rewarded with the most magnificent sunrise you are ever likely to see (weather permitting). From Stella Point, you may encounter snow all the way on your 1-hour ascent to the summit. At Uhuru Peak, you have reached the highest point on Mount Kilimanjaro and the continent of Africa. Faster hikers will see the sunrise from the summit.

From the summit, we now make our descent continuing straight down to the Mweka Hut camp site, stopping at Barafu for lunch. You will want gaiters and trekking poles for the loose gravel going down. Mweka Camp is situated in the upper forest and mist or rain can be expected in the late afternoon. Later in the evening, we enjoy our last dinner on the mountain and a well-earned sleep.

Day 8: Mweka Camp (3068m) to Moshi

Hiking Time: *3-4 hours*

Distance: *10 km*

Habitat: *Rain Forest*

After breakfast, we continue the descent down to the Mweka Park Gate to receive your summit certificates. At lower elevations, it can be wet and muddy. Gaiters and trekking poles will help. Shorts and t-shirts will probably be plenty to wear (keep rain gear and warmer clothing handy).

From the gate, you continue another hour to Mweka Village. A vehicle will meet you at Mweka village to drive you back to hotel in Moshi.

Tour includes:

- Transfers from Moshi to Lemosho Gate and Mweka gate to Moshi
- All meals for vegetarian/non-vegetarian
- Accommodation in tents while on a trek
- 8 days Kilimanjaro trek – Lemosho route
- 7 night's accommodation in tents while trekking Lemosho Route
- 2 nights in hotel before and after climb
- Park fees and government levies
- English speaking mountains Guide and assistant guides.
- Porters - a minimum of 3 per client.
- First Aid Kit including Oxygen Kit.
- Camping Equipment including sleeping tents, sleeping mats, dining tent, chairs and table.